



Spelt energy bar apple

Agave syrup*, semi-white spelt flour* 22%, dried apples* 22%, spelt flakes* 14%, sunflower oil*, cinnamon*, raising agents (ammonium hydrogen carbonate, magnesium carbonate)

Item number	831
Weight	33g
Durability	180 days
Nutrition facts per 100g	
Energy	1327kJ (317kcal)
Protein	5g
Fat	4g
Karbohydrates	63g
Salt	0.15g

Ingredients that cause allergies can be food (ingredients), including products made from it and sulfites:

Gluten-containing cereals such as wheat, rye, barley, oats, spelled	Yes
Milk (including lactose)	No
Crustaceans	No
Eggs (egg lecithin)	No
Fishes	No
Soybeans	No
peanuts	No
walnuts	No
Cashew nuts (Anacardium occidentale)	No
Hazelnuts (Corylus avellana)	No
Macadamia nuts or Australian nuts or Queensland nuts (Macadamia ternifolia)	No
Almonds (Amygdalus communis)	No
Brazil nuts (Bertholletia excelsa)	No
Pecans (Carya illinoiesis)	No
Pistachios (Pistacia vera)	No
Sesame	No
Celery	No
Mustard	No
Sulphites (E 220 - 224, 226 - 228)	No
Lupine and lupine products	No