



Bird's nest

Ingredients: BROWN SPELT FLOUR*, ALMONDS*, raw cane sugar*, raspberry jam* (raw cane sugar, raspberries, glucose syrup, pectin, lemon juice concentrate, calcium citrate), BUTTER*, WALNUTS*, HAZELNUTS*, unrefined cane sugar*, cocoa*, sea salt, baking powder (corn starch, citric acid, sodium carbonate)

Item number	141
Weight	65g
Durability	28 days
Nutrition facts per 100g	
Energy	1684kJ (403kcal)
Protein	10g
Fat	20g
Karbohydrates	44g
Salt	0.28g

Ingredients that cause allergies can be food (ingredients), including products made from it and sulfites:

Gluten-containing cereals such as wheat, rye, barley, oats, spelled	Yes
Milk (including lactose)	Yes
Crustaceans	No
Eggs (egg lecithin)	Yes
Fishes	No
Soybeans	No
peanuts	No
walnuts	No
Cashew nuts (<i>Anacardium occidentale</i>)	No
Hazelnuts (<i>Corylus avellana</i>)	Yes
Macadamia nuts or Australian nuts or Queensland nuts (<i>Macadamia ternifolia</i>)	No
Almonds (<i>Amygdalus communis</i>)	Yes
Brazil nuts (<i>Bertholletia excelsa</i>)	No
Pecans (<i>Carya illinoensis</i>)	No
Pistachios (<i>Pistacia vera</i>)	No
Sesame	No
Celery	No
Mustard	No
Sulphites (E 220 - 224, 226 - 228)	No
Lupine and lupine products	No